

## AUDIT-C Questionnaire

Audit-C is a 3-item alcohol screen that can help identify person who are hazardous drinker or have active alcohol use disorders.

### **1. How often do you have a drink containing alcohol?**

- a. Never
- b. Monthly or less
- c. 2-4 times a month
- d. 2-3 times a week
- e. 4 or more times a week

### **2. How many standard drinks containing alcohol do you have on a typical day?**

- a. 1 or 2
- b. 3 or 4
- c. 5 or 6
- d. 7 to 9
- e. 10 or more

### **3. How often do you have six or more drinks on one occasion?**

- a. Never
- b. Less than monthly
- c. Monthly
- d. Weekly
- e. Daily or almost daily

## Scoring

Each question has 5 answer choices Point allotted are:

A=0 points, B= 1 point, C=2 points, D= 3 points, E= 4 points

Men: A score of 4 or more, give us a call to schedule an appointment

Women: A score of 3 or more, give us a call to schedule an appointment